

In 2021, Congress passed a "No Surprises Act" which is intended to reduce unexpected medical bills for medical patients. As an example, you have surgery that is covered by your insurance, you then receive a large bill from the anesthesiologist, who to your surprise, turns out to be out-of-network for your plan which you would then be responsible for paying. We believe in the importance of this bill to hold medical practices accountable and to help protect patients from unknown financial obligations. As a Mental Health practice, HealingWorks Counseling falls under this act.

However, HealingWorks Counseling strongly values effective communication and transparency. We want to be sure that we are practicing under ethical and legal requirements while also serving you in the best way possible. Our rates are clearly displayed on our website, and practice documents which are provided to you at the beginning of your treatment plan. As a client of HealingWorks Counseling, you are in control of when and how often you meet with your individual therapist. This inherently means clients are not surprised by the amounts charged to them.

The length of time of an individual's treatment plan, depends on individual circumstances and/or additional issues that may arise. If you wish to determine the total estimated cost over the course of a year, you could simply multiply the rate per session by the number of estimated sessions. For example, if you meet with your therapist bi-monthly, you would multiply the session rate x 26 weeks to get a total annual estimated cost (not including missed sessions for illness, holidays, vacation, etc.).

In this next year, we wish you, and your loved ones, good health, peace, and joy. I look forward to continuing our work together.

With respect, admiration, and appreciation,

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